Attention Dietitians

Introducing Medicaid's Diabetes Prevention Program

In 2020, Medicaid will offer a one year trial of a Diabetes Prevention Program (DPP) similar to Medicare's. Medicaid's DPP will begin with January 1, 2020 dates of service. Please provide feedback to Dustin Brown at dustin.brown@wyo.gov, as appropriate, to maximize the value and quality of this program.

Diabetes Prevention Program

The Diabetes Prevention Program (DPP) is intended to help prevent Type 2 Diabetes through a yearlong plan of care. A client is considered eligible for these services if they have a diagnosis of Pre-Diabetes.

DPP services may be used only one time per client. The clinical intervention consists of a minimum of 16 core dietician sessions throughout a six (6) month period to facilitate weight control. After completing the initial core sessions, less intensive monthly follow-up visits maybe be utilized to ensure that beneficiaries maintain healthy behaviors.

Plan of Care:

First 6 Months of DPP Initial Core Sessions:

- Sessions 1-4: G9873 - One (1) Expanded Model (EM) Core Session.
- Sessions 5-8: G9874 - Four (4) EM Core Sessions.
- Sessions 9-16: G9875 - Nine (9) EM Core Sessions.
**Note:** Session one (1) cannot be performed via telehealth. Sessions 2-16 can be provided via telehealth. For billing purposes use the telehealth modifier, GT, to indicate these services.

**Second 6 Months of DPP Maintenance:**

- **Months 7-9:**
  - G9876 - Two (2) EM Core Maintenance Sessions
    - Utilized when DPP criteria is NOT achieved
  - G9878 - Two (2) EM Core Maintenance Sessions
    - Utilized when DPP criteria IS achieved.

- **Months 10-12:**
  - G9877 - Two (2) EM Core Maintenance Sessions
    - Utilized when DPP criteria is NOT achieved
  - G9879 - Two (2) EM Core Maintenance Sessions
    - Utilized when DPP criteria IS achieved.

**Note:** These sessions can all be provided via telehealth. For billing purposes use the telehealth modifier, GT, to indicate these services.

**Billing Requirements**

DPP services and non-DPP services must be billed on separate claim forms; however, multiple services for the same client may be submitted on the same claim. The Telehealth Modifier should be billed with any G-code that is associated with a session that was furnished as a virtual make-up session.

**Documentation Requirements**

Each HCPCS G-code should be listed with the corresponding session date of service and rendering dietitian National Provider Identifier (NPI).

Diabetes Prevention Program providers must maintain the following electronic or paper records for 10 years following the last day of a DPP client's receipt of services. Certain circumstances may require extension.

- **Upon first session providers must record:**
  - The provider name and NPI
  - Client information, including but not limited to
    - Name
    - Wyoming Medicaid Client Identification Number
    - Age
    - Evidence that each client meets eligibility requirements

- **Upon each additional session providers must record:**
  - Session type
• Core or
• Core Maintenance or
• Ongoing Maintenance
• Regularly Schedule session or
• Make-up session
  o NPI of the provider furnishing the session
  o Date and place of the session
  o Curriculum topic
  o The Client's weight (only required for regularly scheduled sessions)
• When applicable, DPP provider records must indicate when a client has:
  o Attended core sessions
  o Achieved 5% weight loss
  o Attended core maintenance session and maintained minimum weight loss
  o Attended two ongoing maintenance sessions and maintained required minimum weight loss
  o Achieved at least 9% weight loss
• DPP providers must keep records of certain client engagement incentives provided to clients in compliance with 42 CFR 424.210.

Help identify and combat Medicaid Fraud by visiting the website or contacting the Fraud Hotline:

- https://health.wyo.gov/healthcarefin/program-integrity/
- 1-855-846-2563

**WYhealth** is a Medicaid health management and utilization management program offered by the Wyoming Department of Health through Optum. Medicaid clients and providers will benefit from a wide array of programs and services offered and coordinated by Optum. Visit https://www.wyhealth.net/tpa-ap-web/ for more information

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